

Item Name	Unit	Calories (Kcal)	Fat (g)	Saturated fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Added Sug (g)	Vit D (mcg)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Soy	Egg	Dairy	Peanut	Shellfish	Tree Nut	Wheat	Fish	Gluten	Sesame	
Applesauce**	Serving	71	0.0	0.0	0.0	0	10	18	2.0	15	0	0	0	8	0	11											
Baked Potato**	Serving	320	0.4	0.1	0.0	0	35	72	7.0	4	0	0	9	51	4	1820											
Loaded Baked Potato	Serving	645	30.0	17.5	0.0	84	664	75	7.0	4	0	0	21	281	4	1820			x								
Brussels Sprouts - grilled	Serving	277	22.0	7.8	0.0	0	508	13	5.4	3	0	0	5	60	2	554			x								
Cheesy Baked Hashbrowns	Serving	446	29.0	17.0	0.0	85	981	29	3.0	2	0	0	17	400	2	488	x		x			x			x		
Cole Slaw**	Serving	398	32.0	4.0	0.0	41	847	23	3.0	19	0	0	2	47	1	232	x										
French Fries**	Serving	478	23.0	0.6	0.0	0	955	63	5.3	4	0	0	5	0	2	783											
Fruit Cup**	Serving	54	0.0	0.0	0.0	0	7	13	1.0	10	0	0	1	12	0	1240											
Garlic Bread**	Serving	604	26.0	9.4	0.0	25	1190	72	3.0	3	0	0	11	60	5	4			x			x			x		
Garlic Mashed Potato**	Serving	307	11.3	2.4	0.0	8	809	45	3.0	5	0	0	3	33	1	454			x				x			x	
Green Beans**	Serving	70	3.0	1.5	0.0	8	175	7	0.1	0	0	0	2	4	0	12			x								
Macaroni & Cheese	Serving	480	22.0	13.8	0.0	75	1086	50	1.3	7	0	0	19	357	2	357	x		x			x			x		
Potato chips**	Serving	480	28.0	5.0	0.0	0	2482	50	5.0	0	0	0	5	0	1	945											
Rice Pilaf**	Serving	122	3.0	2.0	0.0	8	198	20	0.60	0	0	0	3	26	1	162			x			x			x		
Sweet Potato Fries	Serving	622	34.0	7.0	0.0	36	988	74	8.0	34	0	0	5	127	1	83			x								
Baked Sweet Potato	Serving	485	1.0	0.0	0.0	0	193	112	18.0	35	0	0	11	205	4	2559											
Montreal Grilled Vegetables	Serving	222	19.9	3.5	0.0	0	356	9	3.0	5	0	0	2	0	0	0											

** Classic sides

All percentages represent US Reference Daily Intakes (RDI) for a 2000 Calories/day diet.

Fat Free is defined as having less than .5 grams of fat per serving. Low Fat is between .5 and 3 grams of fat per serving.

NUTRITIONAL INFORMATION

Nutritional information and values provided are estimates only. The nutritional values we provide are derived using an industry standard database but do not account for natural variability that occurs with our ingredients, variations that occur due to the hand-prepared nature of each item or variations that may occur due to substitutions that our guests request. Please understand that the Company makes no representation or warranty regarding the information regarding the nutritional information provided.

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